

MY VOLUNTEER HISTORY

"Volunteering" can identify many types of activities. Some volunteering is formal and involves signing up with an agency, making a time commitment, and becoming part of an organization. Other volunteering is more informal and might be labelled as "helping out" or neighborliness.

You might have been an "official" volunteer for something on a long-term basis or on a one-time basis (like a special event).

Think about your past experiences and consider which have been "volunteering."

PERIOD	SCHOOL		FAMILY		MEMBERSHIPS and OTHER
	Organized	Informal	Organized	Informal	
PRE-SCHOOL					
ELEMENTARY SCHOOL					
HIGH SCHOOL					
COLLEGE					

Don't forget summers, too!